**Dr. Khaled Nasr DPT.MS.PT**

**Doctor of Physical Therapy**

**Rehabilitation & Wellness Consultant**

**1368 Academy Lane, Teaneck, NJ, 07666**

**+13474008698**

**KhaledPT@gmail.com**

***Profile***

Dr. Nasr is an internationally licensed Doctor of Physical Therapy with Physical Therapy board certifications from the USA, Australia, New Zealand, and Egypt.

Dr. Nasr has over twenty-five years of post-graduate experience in most Physical Therapy settings mostly private practice, home care, and corporate settings, his experience includes a wide variety of specialties focused on musculoskeletal, pelvic health, geriatrics, and corporate wellness with a strong emphasis on manual therapy and advanced therapeutic techniques focused on integrating manual-based approach and therapeutic exercises in rehabilitation, Recently, Khaled accomplished a certificate from World Health organization in Post-Covid rehabilitation.

Khaled graduated from Cairo University in 1992 with an honors degree in Physical Therapy and Masters in 1998. He gained his doctorate degree in Physical Therapy from Nova Southeastern University in Fort Lauderdale (2007). Also, Dr. Nasr has also gained certification in pelvic floor rehabilitation from Herman & Wallace Pelvic Rehabilitation Institute.

Dr. Nasr is the founder of Core Basics Physical therapy & Wellness. Core Basics Physical therapy is the unique practice located in the heart of Manhattan dedicated to assisting nearby corporate clients to achieve their rehabilitative needs.

Also, Dr. Nasr is the founder of Men's Physical Therapy in NJ. In Men's PT, we were dedicated to providing specializing in providing pelvic health and geriatrics rehabilitation services in a comfortable and supportive atmosphere.

In 2011 Dr. Nasr created Onsite Rehab and Fitness, A mobile practice devoted to providing home-based rehabilitation services to older adults’ populations in NYC.

Dr. Nasr is the former Clinical Director of the Physical Therapy Clinic at Morgan Stanley Corporation and currently, he is serving as Wellness & Rehabilitation consultant at Afiniti Inc. in Washington Dc.

Lately, Dr. Nasr has gained a certification in Cancer rehabilitation from Pink & Steel foundation in Auckland New Zealand.

***Education***

* + Certified Post Covid Rehabilitation Consultant, WHO 2021
  + Certified Cancer Rehabilitation Consultant, Pink & Steel NZ 2020
  + Doctorate Degree (DPT) in Physical Therapy, NSU, FL 2007
  + Certified Ergonomic Specialist, Back School of Atlanta, GA 2005
  + Certified Personal Trainer, National Institute of Endurance, CA 2004
  + Licensed Physical Therapist, New York, NY 2003
  + Licensed Physical Therapist, New South Wales, Australia 2002
  + Certified Manual Therapist by Mulligan, New Zealand 2000
  + Licensed Physical Therapist, New Zealand 1999
  + Master’s degree in physical therapy, Cairo, Egypt 1998
  + Bachelor’s Degree in physical therapy, Cairo Egypt 1992

***Career History***

**Afiniti Inc, Washington DC**  **Dec 2018: Present**

*Wellness & Rehabilitation Consultant*

**Core Basics Physical Therapy & Wellness June 2013: Feb 2018**

*Founder* [*www.corebasicsPT.com*](http://www.corebasicsPT.com)

**Men’s Physical Therapy,** NJ **May 2015: Dec 2018**

*Founder & Pelvic Health Consultant.*

**Onsite Rehab & Fitness, NY June 2011**: **May 2015**

*Clinical Director & Founder, Home Care Physical Therapy*

**Morgan Stanley Corporation.** New York, NY. **Jan 2004: May 2011**

*Clinical Director & Wellness Consultant*

**Glenfield Physical Therapy.** Auckland, NZ  **Jan 1999: Nov 2003** *Clinic Director*

**The Arabic Center for Physical Med &Rehab,** Cairo, Egypt **Oct 1996: Nov 1998**

*Senior Physical Therapist*

**Badr Specialized Hospital,** Cairo, Egypt  **April 1993: Oct 1996** *Staff Physical Therapist*

**Cairo University Hospital**, Cairo Egypt v **Mar 1992: Mar 1993**

*Intern Physical Therapist*

**Fifth African Games,** Cairo, Egypt **May 1991: Dec 1991**

*Physical therapist trainee*

***Memberships & Board Certifications***

* NJ state Physical Therapy Board certified. (40QA01633200)
* Member of the American Physical Therapy Association. (441090)
* NY state Physical Therapy Board certified. (026149-1)
* Member of the American Society of Sports Medicine.
* New Zealand Physiotherapy Board certified (Ref.: 70-06872).
* Australian Physiotherapy Board certified. (Ref: PY0121228)
* Member of the International Society of Men’s Health.
* Member of the New Zealand Society of Physiotherapist
* Current member of the Egyptian Physiotherapy Syndicate
* Licensed Consultant Physiotherapist by Ministry of Health (Egypt)
* Professional Member of National Strength & Conditioning Association