

Dr. Khaled Nasr DPT.MS.PT
Certified Tele-Rehab Provider APTA
Rehabilitation & Wellness Consultant
1368 Academy Lane, Teaneck, NJ, 07666
+13474008698
PT@khalednasr.com
www.khalednasr.com

Profile

Dr. Nasr is an internationally licensed Doctor of Physical Therapy with Physical Therapy board certifications from the USA, Australia, New Zealand, and Egypt.

Dr. Nasr has over twenty-five years of post-graduate experience in most Physical Therapy settings, mostly private practice, home care, and corporate settings; his experience includes a wide variety of specialties focused on musculoskeletal, pelvic health, geriatrics, and corporate Wellness.

Khaled graduated from Cairo University in 1992 with an honors degree in Physical Therapy and a master's degree in 1998. He gained his doctorate degree in Physical Therapy from Nova Southeastern University in Fort Lauderdale (2007). Dr. Nasr has also achieved certification in pelvic floor rehabilitation from Herman & Wallace Pelvic Rehabilitation Institute.

Dr. Nasr is the founder of Core Basics Physical therapy & Wellness. Core Basics Physical therapy is the unique practice located in the heart of Manhattan dedicated to assisting nearby corporate clients to achieve their rehabilitative needs.

Also, Dr. Nasr is the founder of Men's Physical Therapy in NJ. In Men's PT, a clinic specialized in providing pelvic health and geriatrics rehabilitation services in a comfortable and supportive atmosphere.

In 2011 Dr. Nasr created Onsite Rehab and Fitness, A mobile practice devoted to providing home-based rehabilitation services to older adults populations in NYC.

Dr. Nasr is the former Clinical Director of the Physical Therapy Clinic at Morgan Stanley Corporation, and currently, he is serving as Wellness & Rehabilitation consultant at Afiniti Inc. in Washington Dc.

Dr. Nasr has gained a certification in Cancer Rehabilitation from Pink & Steel foundation in Auckland, New Zealand. Also, I accomplished a certificate from the World Health organization in post-Covid rehabilitation.

Finally, Dr.Nasr was certified by the American Physical Therapy Association as a Tele-Rehab provider

Education

- Certified Tele-Rehab provider, APTA 2021
- Certified Post Covid Rehabilitation Consultant, WHO 2021
- Licensed Physical Therapist, Virginia State, VA 2021
- Certified Cancer Rehabilitation Consultant, Pink & Steel NZ 2020
- Doctorate Degree (DPT) in Physical Therapy, NSU, FL 2007
- Certified Ergonomic Specialist, Back School of Atlanta, GA 2005
- Certified Personal Trainer, National Institute of Endurance, CA 2004
- Licensed Physical Therapist, New York, NY 2003
- Licensed Physical Therapist, New South Wales, Australia 2002
- Certified Manual Therapist by Mulligan, New Zealand 2000
- Licensed Physical Therapist, New Zealand 1999
- Master's Degree in physical therapy, Cairo, Egypt 1998
- Bachelor's Degree in physical therapy, Cairo Egypt 1992

Career History

Afiniti Physical Therapy & Wellness	Jan 2021: Current
Tele Rehab Consultant	
Core Basics Physical Therapy & Wellness	June 2013: Current
Founder www.corebasicsPT.com	
Afiniti Inc, Washington DC	Dec 2018: Jan 2021
Wellness & Rehabilitation Consultant	
Men's Physical Therapy, NJ	May 2015: Dec 2018
Founder & Pelvic Health Consultant.	
Onsite Rehab & Fitness, NY	June 2011: May 2015
Clinical Director & Founder, Home Care Physical Therapy	
Morgan Stanley Corporation. New York, NY.	Jan 2004: May 2011
Clinical Director & Wellness Consultant	
Glenfield Physical Therapy. Auckland, NZ	Jan 1999: Nov 2003
Clinic Director	
The Arabic Center for Physical Med & Rehab, Cairo, Egypt	Oct 1996: Nov 1998
Senior Physical Therapist	
Badr Specialized Hospital, Cairo, Egypt	April 1993: Oct 1996
Staff Physical Therapist	
Cairo University Hospital, Cairo Egypt	Mar 1992: Mar 1993
Intern Physical Therapist	
Fifth African Games, Cairo, Egypt	May 1991: Dec 1991
Physical therapist trainee	

Memberships & Board Certifications

- VA state Physical Therapy Board licensed (2305214821)
- NJ state Physical Therapy Board licensed (40QA01633200)
- Member of the American Physical Therapy Association. (441090)
- NY State Physical Therapy Board licensed. (026149-1)
- Member of the American Society of Sports Medicine.
- New Zealand Physiotherapy Board certified (Ref.: 70-06872).
- Australian Physiotherapy Board approved. (Ref: PY0121228)
- Member of the International Society of Men's Health.
- Member of the New Zealand Society of Physiotherapist
- Member of the Egyptian Physiotherapy Syndicate
- Licensed Consultant Physiotherapist by Ministry of Health (Egypt)
- Professional Member of National Strength & Conditioning Association